



## **Bowl Food Example Menu**

### **Chicken Caesar Salad**

**Cos Lettuce, parmesan, croutons & Caesar dressing**

### **Prawn Cocktail**

**Marie Rose dressing, shredded baby gem & lemon wedge**

### **Greek Salad (v)**

**Plum tomatoes, cucumber, red onion, olives & feta**

### **Japanese Noodles (v)**

**Soy & vinegar dressing (served hot or cold)**

### **Sunday Roast**

**Slow roast beef, Yorkshire pudding, roast potatoes, vegetables & gravy**

### **Sausage n Mash**

**Creamed potato, red wine jus & roasted onions**

### **Braised Lamb Shoulder**

**Chickpea, broad bean, tomato, garlic & thyme ragu**

### **Asparagus & Mushroom Risotto (v)**

**Rocket, parmesan & asparagus tips**

### **Roasted Caponata (v)**

**Aubergine, courgette, pimento & goat's cheese crostini**

### **Seafood Paella**

**Fresh bread shard, lemon wedge & rocket**

